# **EQES NEWSLETTER**

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#### **November Edition**

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### Hallowe'en Fun

We had a great time on October 31st with games, dress up and pumpkin painting. Full pictures can be found online under gallery.

## Important dates in November

Nov. 4th—picture retake day

Nov. 5th -Parent council meeting at 6:30 pm in library. All parents are welcome/encouraged to attend.

Nov. 8th -Remembrance Day ceremony 10:45

Nov. 11th -Remembrance Day no school

Nov. 12th -no school in lieu of PTI

Nov. 21st - pizza day

Nov. 21st -EQE Free Family Movie Night opens

at 6 pm - Pokémon Detective Pikachu

Nov. 22nd -PD day no school

Nov. 27th -Parent Teacher Interviews 6 -8 pm

Nov. 29th -report cards







Two new logos have been unveiled for EQES. They will be added to the familiar E logos to add variety to our team. They have been added to our spirit school wear order website.

https:// ecolequeenelizabethschool.entripyshops.com/











Our campaign to scare
up hunger was an enormous success and we filled the office

window with all of the donations (three big totes).



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### Fish in a Tree

This year the whole school will be participating in a joint novel study. Every student and staff member has received a copy of the book "Fish in a Tree" by Lynda Mullaly Hunt and will be exploring it in a way appropriate to the age and grade of the student.

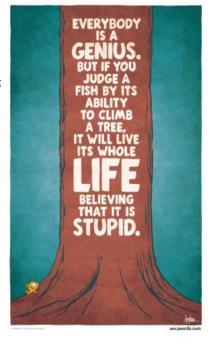
So if you hear your student taking about FIAT, you'll know they're not talking about the car.

#### **SUMMARY**

The book is about Ally who is struggling in school due to her inability to read. She always manages to hide it by creating clever yet disruptive distractions. Her teacher sees past all that and helps her not only find herself but other kids who don't fit into the mold. It's a novel that reminds us there's more to everyone than a label.

#### ALE - Adverse Life Experience

In October we began our training in Adverse Life Experiences - "a term used to distinguish between ordinary daily stressors and extreme catastrophic events. It is any experience that challenges an individual's stress response system and negatively impacts their ability to cope".



As always, our goal is to "deliver quality education in a welcoming environment that is safe and caring."

All students benefit from safe and positive connections at school.

ALE schools have shown

- Greater academic achievement.
- More time is spent on learning,
- Reduced disciplinary referrals,
- Improved student relationships with adults and peers,
- And more supportive teaching the classroom.





Over the next few weeks our staff will continue getting specialized instruction that will key in on the two messages

- Strength based focus
- Universal approach with targeted content.

#### KIDS IN ACTION

Kids in action is a free activity that occurs every Thursday from Nov-Dec. Kids play game and sing songs with the HOPE mission crew. First 30 kids to hand in their forms accepted without question.

Forms are available at the office.

See you in December!